Covenant Soup Kitchen Olga Ezis Plunge for Hunger 2025

For the 14th Anniversary Olga Ezis Plunge for Hunger, we will be in person, but if virtual is your thing, you go ahead!

The Olga Ezis Plunge for Hunger benefits Covenant Soup Kitchen, which has served our community for over 42 years by providing uninterrupted access to food and improved access to basic services.

Please help us to keep our doors open and our shelves stocked this year so we can be there every day to help people who are having difficulty taking care of their families. When: Saturday, 1 Feb 2025

but you can take a virtual plunge anytime!

Where: Lauter Park

Gordon Avenue Willimantic, CT

When: 12pm

All donations are tax deductible.



The rules are very simple!

- Get your friends and family to donate for you or your team to take the Plunge.
- Bring the money you raise with you to the Plunge.
- Bring a towel and warm, dry clothes to put on afterward.
- Have fun!
- You must be able to SWIM to go in the water.



Olga Ezis Plunge for Hunger Saturday 1 February 2025

Donation Sign-up Sheet

Plunger's Name/Team Name:

Plunger's e-mail:

Please write donor information on this form. All checks should be made payable to Covenant Soup Kitchen. Donations can also be made online at www.covenantsoupkitchen.org and on our Facebook page!

Donor Name	E-mail	Address	Amount	Paid
WAIVER: I hereby waive all claims against		Total Donations		

WAIVER: I hereby waive all claims against Covenant Soup Kitchen or any/all sponsors or personnel for any injury I might suffer in this event. I attest that I am physically fit, prepared for this event and I am able to swim. Signature:

Covenant Soup Kitchen

220 Valley Street Willimantic, CT 06226 860 423 1643

www.covenantsoupkitchen.org